# THE RUDIMENTS: 

## A Learning Sequence

 INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART
## Quadrant B

11. Single Stroke Seven
12. Paradiddle-diddle
13. Flam Accent
14. Swiss Army Triplet
15. Flamacue
16. Nine Stroke Roll
17. Thirteen Stroke Roll
18. Seventeen Stroke Roll
19. Lesson 25
20. Single Dragadiddle

Learning Sequence Handbook Courtesy Of:

the number ONE drumstick in the world!

## THE RUDIMENTS: A Learning Sequence

## Quadrant B

Applied:

# II. SINGLE STROKE SEVEN 



TRACK YOUR PROGRESS:

| BRONZE | SILVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-80$ | m.m. $=85-105$ | m.m. $=110-130$ | m.m. $=135-155$ | m.m. $=160-180$ |
|  |  |  |  |  |

## 12. PARADIDDLE-DIDDLE



Applied:


TRACK YOUR PROGRESS:

| BRONLE | SILVER | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| $m \cdot m . ~$ | $40-60$ | $m \cdot m . ~$ | $65-85$ | $m \cdot m .=90-110$ |
|  |  |  | $m \cdot m .=115-130$ | $m \cdot m .=135-150$ |

13. FLAM ACCENT


Applied:


TRACK YOUR PROGRESS:

| BRONzE | SILVER | colb | PLATINOM | D/AMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-80$ | m.m. $=90-110$ | m.m. $=120-140$ | m.m. $=150-170$ | m.m. $=180-200$ |
|  |  |  |  |  |

THE RUDIMENTS:


Applied:


TRACK YOUR PROGRESS:

| BRONTE | SMWER | COLD | PLATINUM | DMAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=35-50$ | m.m. $=55-70$ | m.m. $=75-95$ | m.m. $=100-120$ | m.m. $=120-135$ |
|  |  |  |  |  |

## 15. FLAMACLE



Applied:


TRACK YOUR PROGRESS:

| BROM2F | STHVR | COLD | PLATMTUM | D/AMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=40-60$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-155$ | m.m. $=140-160$ |
|  |  |  |  |  |

16. NINE STROKE ROLL


TRACK YOUR PROGRESS:

| BRONRE | SIMVE | COLD | PLATINUM | DIAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |



Applied:


TRACK YOUR PROGRESS:

| BRONTE | SHMER | COLD | PLATINUM | DNMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |



Applied:


TRACK YOUR PROGRESS:

| BROMVE | STVER | COLD | PLATMUM | DHAMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |

19. LESSON 25


Applied:


TRACK YOUR PROGRESS:

| BRONRE | SIMVER | GOLD | PLATMNUM | DAMMOND |
| :---: | :---: | :---: | :---: | :---: |
| m.m. $=60-75$ | m.m. $=80-95$ | m.m. $=100-115$ | m.m. $=120-135$ | m.m. $=140-160$ |
|  |  |  |  |  |



TRACK YOUR PROGRESS:

| BROMVA | STM/ER | COLD | PLATMUUM | D/AMOMD |
| :---: | :---: | :---: | :---: | :---: |
| $m \cdot m .=60-75$ | $m \cdot m .=80-95$ | $m \cdot m .=100-115$ | $m \cdot m .=120-135$ | $m \cdot m .=140-160$ |
|  |  |  |  |  |

## LEARN YOUR RUDIMENTS ONLINE!



WATCH A VIDEO OF THE RUDIMENT BEING PLAYED BY DR. JOHN WOOTON!

PLAY ALONG WITH OUR AUDIO FILES!

TRACK YOUR PROGRESS! EACH LEVEL HAS A MIDI FILE TO PLAY ALONG WITH!

GET PRACTICE SUGGESTIONS AND EXERCISES FROM THE EXPERTS!
vic INiP'TH

